

Thursday Sep 15, 10:15-11:50

Theme	Session 1	Session 2	Session 3	Session 4	Session 5	Session 6	Session 7
	Womens' Mental Health	Digital mental health: creating a multilingual mental wellbeing chatbot (ChatPal) for citizens in Northern Periphery Regions	Social Climate and Atmosphere	Adolescents - Global Challenges	Substance Abuse	Education	Aggression Management and Coercion
Room	Geneva	Casablanca	Berlin A	Berlin B	Munich	New York	Los Angeles
10:15-10:35	The HEARD project: An Evaluation of maternal mental health among Rohingya refugee mothers attending Baby Friendly Spaces programs in Cox's Bazar, Bangladesh. K. Le Roch, France	How do you design, develop and trial a chatbot to promote good mental health and wellbeing? Courtney Potts, Northern Ireland	"You can feel it in the air": The institutional atmosphere of the psychiatric hospital for prisoners. Virve Repo, Finland	The longitudinal impact of social media use on adolescent mental health in the UK: Findings from the UK Longitudinal Household Study. Ruth Plackett, UK	Program for Self-management of the Substance Addiction Consequences – Protocol for a pilot randomized controlled trial. Paulo Seabra, Portugal	"Always inspiring, always motivating": How Experts by Experience impact students through mental health education. Brenda Happell, Australia	Incidence of Using Physical, Mechanical Restraints and Seclusion in Saudi Mental Health Settings. Asrar Almutairi, UK
10:40-11:00	Practical model for nurses to encounter pregnant mothers within addiction psychiatric care. Eveliina Turtiainen, Finland	Experiences of mental health chatbot dialogue content design: challenges and recommendations. Heidi Nieminen, Finland	Mental Health in Prison Context: Impulsive Aggressive Behaviour Management. Margarida Brito da Silva, Portugal	How trauma informed are Irish Child and Adolescent mental health services from an organizational perspective. Sinead Heffernan, Ireland	Individuals with Mental Illness and Lived Experience of using Methamphetamine: Considerations for Harm Reduction Strategies in Hospital Settings. Cheryl Forchuk, Canada	Nursing students' experiences of dialogic oral exam in mental health and substance abuse nursing optional studies. Jukka Aho, Finland	Implementation of a municipality-based intervention to reduce compulsion (ReCoN) in Norway: a Process Evaluation. Tonje Lossius Husum, Norway
11:05-11:25	"I think productivity is a way of coping": A narrative inquiry into productivity and trauma among women in academia. Lindsey Jaber, Canada	Young people's views and experiences of AI as a tool to promote mental health. Frida Lindström, Sweden	Mental healthcare professionals labelling the forensic psychiatric population. Saskia Glorie, The Netherlands	Barriers and Opportunities to Promote Mental Health among the Youth in Uganda. Kennedy Amone-P'Olak, South Africa	The experiences of people over 50 who use psychoactive substances: An interpretative study. Chris Wagstaff, UK	Challenging Mental Health and Substance Use Issues Through Emancipatory Education. Liam Mac Gabhann, Ireland	The Implementation of Safewards Intervention Talk Down in Psychiatric Outpatient Care of Helsinki University Hospital. Ella Tihman, Finland
11:30-11:50	Young women's experiences of anxiety during emerging adulthood. Anna Dadswell, UK	Strategic opportunities for digital mental health. Maurice D Mulvenna, Northern Ireland	Does living near blue space modify the impact of socio-economic deprivation on mental health in urban areas? A population-based retrospective study. Michail Georgiou, Canada	Parental separation, negative life events and mental health outcomes among Norwegian youth. Kateryna Karhina, Norway	Telemental health for substance-related disorders: user satisfaction of a healthcare service in Argentina. Manuel Badino, Argentina	40-years of mental health nursing, research and education: what next? Heikki Ellilä, Finland	

**Thursday Sep 15, 13:00-14:35**

	Session 8	Session 9	Session 10	Session 11	Session 12	Session 13	Session 14
Theme	Recovery / Clubhouses	Adolescents and Families	Staff and Student wellbeing	CovSocial Project	Covid	Seniors and elderly population	Early Psychosis
Room	New York	Berlin A	Berlin B	Munich	Geneva	Casablanca	Los Angeles
13:00-13:20	Experiences of mental health problems and recovery as a starting point for the analysis of qualitative data - observations and reflections on the experience-based analysis of structured interviews. Outi Hietala, Finland	The impact of educational and developmental transitions on youth's wellbeing: A systematic review. Amanda Sundqvist, Finland	Supporting nursing students mental health. Karin Raud, Estonia	Lessons from the CovSocial Project: Longitudinal changes in mental health, resilience and social cohesion during the COVID-19 pandemic in Berliners. Tania Singer, Germany	The Effects of Inconsistency During Change. Khajed Fall, Canada	The Prevalence of psychiatric diagnoses and psychotropic medication in Icelandic nursing homes from 2003 to 2018. Páll Biering, Iceland	How to promote existential recovery in patients after a first episode psychosis? Nynke Boonstra, The Netherlands
13:25-13:45	Encounters, Acceptance and Sense of Belonging - outcomes of the co-research project carried out in Clubhouses. Aki Laitinen, Finland	Tailoring mental health outreach and services to meet the evolving needs of young adults: A mixed-method investigation. Jennifer Cordeiro, Canada	Understanding mental health nurses' lived experience of self-care at work: An Interpretative Phenomenological Analysis. Maria O'Malley, Ireland	How to reduce loneliness: differential effects of two online mental trainings on different aspects of loneliness. Hannah Matthäus, Germany	The impact of the COVID-19 pandemic on the registration and care provision of mental health problems in primary care. Simon Beertem, Belgium	Dual tasking to improve mental, cognitive and physical health in community-dwelling seniors: State of knowledge and future directions for research. Jonathan Landry, Canada	Effects of exercise interventions in early psychosis: a qualitative review. Diana van der Poel, The Netherlands
13:50-14:10	Promoting self-efficacy and encouraging realization of dreams - outcomes of the co-research project carried out in Clubhouses. Inka Koskivirta, Finland	Management of emotions as a factor promoting mental health in adolescents. Susana Lourenço, Portugal	Transferable insights from health and social care workers in the COVID-19 response: the importance of preventing staff burnout and focusing on staff mental wellbeing moving forward. Nicola Cogan, UK	Impact of online socio-emotional and mindfulness-based interventions on mental health, resilience and emotion regulation during COVID-19 pandemic. Malvika Godara, Germany	Changes in daily functioning during the SARS-CoV-2 virus pandemic. Natalia Budzyńska, Poland	Depression and religiosity in elderly population in Poland: results of cross-sectional PolSenior2 study. Pawel Zagodzón, Poland	Psycho-education experiences and needs among relatives of young adults with early psychosis. C.A. Elzinga-Hut, The Netherlands
14:15-14:35	How to fight mental health stigma in 90 minutes: results from an online starter kit. Maria Conde, Portugal	Coming Out as LGBTQI+: Family Experiences (A Scoping Review). Marco Correia, Portugal	Burnout in Family Medicine Doctors: Do Analysis and Intervention at a Micro Level Matter? Rita Aguiar Fonseca, Portugal	Plasticity of self- and other-related compassion and underlying mechanisms after two different types of app-delivered mental trainings. Sarita Silveira, Germany	Current impact of COVID-19 on mental health and wellbeing - young adults' perspective. Graça Andrade, Portugal	Research projects as opportunities for social connectedness during the COVID19 pandemic: Lessons from a long-term care facility in New Brunswick, Canada. Caroline Lovens, Canada	Towards New Oral Health Nursing Interventions in Patients with a Psychotic Disorder. An Iterative and Co-creative Approach Towards a Fitting Intervention: A Human-Centered Design. Sonja Kuipers, The Netherlands

**Thursday Sep 15, 15:10-16:20**

	Session 15	Session 16	Session 17	Session 18	Session 19	Session 20	Session 21
<b>Theme</b>	<b>Innovations in Mental Health</b>	<b>Mental Health Services</b>	<b>Female genital mutilation/cutting; ASD; child sexual abuse prevention</b>	<b>Digital</b>	<b>Suicide, Self-Harm and Depression</b>	<b>Acute Care</b>	<b>Lived Experience</b>
<b>Room</b>	Munich	New York	Berlin A	Berlin B	Geneva	Casablanca	Los Angeles
15:10-15:30	Chair of Worries (Huolituoli™) at the Rock festival – low threshold mental health support. Reija Tuomisalo, Finland	Locally driven mental health care system development in Ukraine. Heiko Königstein, Ukraine	Prevalence of Female genital mutilation/cutting (FGM/C) and the association between FGM/C and the adverse mental health consequences among adolescents in Finland in 2021. Mimmi Koukkula, Finland	Towards a Semantic Data Model for Representing, Storing, and Retrieving Knowledge about Coping Strategies for Use in Digital Mental Health Interventions. Edel Ennis, Northern Ireland	Attitudes to suicide, help seeking and mental health policy priorities in Northern Ireland. Siobhan O'Neill, Northern Ireland	Emergency care to “persons with confused behavior”: Lived experiences of, and collaboration between, police and members of a mobile crisis team. Thea Daggenvoorde, The Netherlands	What does it mean to have a mental disorder with rare/ultrarare elements (from my personal point of view)? Timo Kallioaho, Finland
15:35-15:55	Leikki picnic in Helsinki University Hospital. Helena Tuomimäki, Finland	A long way to treatment - some limitations of the Slovenian Mental Health Act. Petra Koprivnik, Slovenia	The influence of Skills Web ASD on self-regulation in adults with ASD. Jos Boer, The Netherlands	The Moderating Effect of Fandom Activities on the Relationship Between Adolescent Cyber Violence and Real-World Delinquency. Hyunyoung Yu, South Korea	Effect of Depression and Drinking Level on Recidivism of DUI/DWI Offenders in Korea. Myeongsook Yoon, South Korea	Psychiatric nurses interventions for people who hear voices in an acute psychiatric unit. Anita McCluskey, Ireland	A Phenomenological Study: To Explore Individuals’ Experience of Depression. James O Mahony, Ireland
16:00-16:20	Arts-based Digital Platforms for Mental Health in Rwanda. Ananda Breed, UK	Addressing Mental Health: People-Centered Solutions. Yuliya Shcherbina, Belgium	Challenges in design and delivery of child sexual abuse prevention education in higher education – navigating the use and potential mental health impacts of sensitive materials in teaching for students and academics. Rita Shackel, Australia	Trialling digital mental health approaches in remote communities - Outer Hebrides of Scotland. Martin Malcolm, Scotland	“Open up the conversation”: A national study of healthcare staff’s awareness of, and responses to suicide and self-harm in Ireland. Aine O Donovan, Ireland	FUNCTIION, a recovery oriented nursing instrument for the assessment of patients with psychiatric problems, and its alignment with the International Classification of Functioning, Disability and Health (ICF). Tineke van der Veen, The Netherlands	Meaning in life in suicidal patients. Henrike van Dijk, The Netherlands

**Friday Sep 16, 11:10-12:20**

	Session 22	Session 23	Session 24	Session 25	Session 26	Session 27	Session 28
Theme	Peer Support and Volunteers	Depression	Recovery Oriented Services	Clinical Issues	Digital	Substance Abuse	
Room	New York	Berlin A	Berlin B	Geneva	Casablanca	Los Angeles	Munich
11:10-11:30	Volunteers' contributions to building social networks for individuals experiencing mental health problems. Nina Petersen Reed, Norway	Humorous Emotion Regulation in Remitted Depression: The Consequences of Stress-Related and Stress-Unrelated Humor. Anna Branicka, Poland	Factors influencing the implementation of mental health recovery into services: Findings from a systematic mixed studies review. Myra Piat, Canada	Genome sequencing-based approach for deciphering cryptic, undiagnosed neurodevelopmental genomic disorders. David Dezso, Portugal	The Be Well Plan: a randomised controlled trial of a facilitated Internet-based intervention to promote mental health and wellbeing. Dan Fassnacht, Australia	Cannabis: saviour or troublemaker? Bárbara Lopes Brás Mesquita, Portugal	How a small farm contributes to the health and wellbeing of their local community. Johanna Wilson, Northern Ireland
11:35-11:55	Death in the time of COVID-19: A qualitative study of grief in South Africa. Samara Ragaven, South Africa	Non-pharmacological treatment options for depression. Marianne Annion, Estonia	Road to Recovery Oriented Organization. Mikko Ketola, Finland	The Neurobiology behind Obesity and Compulsive Eating Behaviours – The Dopamine Influence. Cátia Pinheiro Ramos, Portugal	Predictors of improvements in participants of the Be Well Plan, a facilitated Internet-based intervention to promote mental health and wellbeing. Kathina Ali, Australia	Alcohol Related Brain Damage. A Toolkit for Self-Management and Recovery. Stephen Finlayson, Scotland	Workshop for early career researchers on getting published. Tillie Cryer, npj Mental Health journal, UK
12:00-12:20	Experiential and medical knowledge of shared decision making: perspectives of service users and clinicians from mental health services (Greater London, England). Karishma Jivraj, UK	Social prescribing as a nursing intervention for adolescents with mild anxiety/depression. José Manuel Falé, Portugal	The World of Recovery - two unique gaming experiences. Venla Leimu, Finland	Enhanced Cognitive Behavior Therapy for Eating disorders. Catarina Troia Laginhas, Portugal	Patient and provider perspectives on the implementation of remote consultations for community-dwelling people with mental health conditions: a systematic mixed studies review. Emer Galvin, Ireland	Anxiety and depression prevalence in people experiencing homelessness (PEH) with recent non-fatal overdose. Frank Reilly, Scotland	Workshop for early career researchers on getting published. Tillie Cryer, npj Mental Health journal, UK

**Friday Sep 16, 13:30-14:40**

	Session 29	Session 30	Session 31	Session 32	Session 33	Session 34	Session 35
Theme	Quality Assessment	Services	Innovations in Mental Health	Digital / Clinical issues in Psychiatry	Clinical Issues in Psychiatry	Schools and Mental Health	
Room	New York	Berlin A	Berlin B	Geneva	Casablanca	Los Angeles	
13:30-13:50	'If you can't measure it, you can't improve it': do you know nurse-sensitive patient outcomes in psychiatric and mental health nursing? Karel Desmet, Belgium	The impact of a caseload management tool (MaST) on Community Mental Health Team care contacts with mental health service users. Caroline Gadd, UK	Sleeping Better by Using Cognitive Behavioral Therapy for Insomnia. Marlies Brethouwer, The Netherlands	Target group requirements for an AI Mental Health App and ELSI implications: A field of tension. Luzi Beyer, Germany	Non-convulsive status epilepticus presenting as a psychiatric condition: diagnostic and treatment challenges. Catarina Cativo, Portugal	Resilient teachers. Luís Nabais, Portugal	
13:55-14:15		Self-management support in primary care practice: the development of a preliminary conceptual model. Lotte Timmermans, Belgium	The effect of interventions focused on mindful parenting on the experience of stress symptoms by parents of children with a diagnosis on the autism spectrum. Marjolijn Slot, The Netherlands	The age and smartphone addiction: acquire knowledge in order to act to intervene. Lidia Susana Mendes Moutinho, Portugal	PORTICO, a double-blind, randomized placebo-controlled, adaptive Phase IIb trial with vafidemstat in Borderline Personality Disorder. Michael T. Ropacki, US	Teaching mental health literacy through peer education in schools: a realist evaluation. Judi Kidger, UK	
14:20-14:40	Needs assessment within Mental health centre: experience based survey. Irena Makivić, Slovenia	BuurtzorgT: A Personal Approach in a Self-Managing Organization. Annelotte Pleij and Rik Koopman, The Netherlands	A meta-analytic review of the effectiveness of multiple health behaviour change intervention over the reduction of symptoms of anxiety. Irene Gómez-Gómez, Spain	Why is paedophilia a mental disorder? Revisiting the core concepts of mental illness. Afonso Gouveia, Portugal.	Clinical Factors and Emotion Regulation Processes in Neurodegenerative Diseases: Predictive Value on the endorsement of Stress symptoms. Carolina da Motta, Portugal	Perceptions of Mental health promotion in primary school setting: Results from a qualitative study among school professionals. Evanthia Sakellari, Greece	